



Dr. Lynn K. Jones, Certified Personal and Executive Coach

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Dr. Lynn K. Jones, “Helping You Reach New Heights”

Coach, Consultant, Trainer, Mojo Maven and Possibility Agent

Get your MOJO back with Dr. Lynn K. Jones, a Certified Personal and Executive Coach with a professional background as a social worker and 25 years of executive leadership experience. Dr. Jones uses a strengths-based approach to personal & executive coaching, leadership development & corporate training. She helps develop effective communication skills, strong relationships, thoughtful risk-taking strategies and work-life balance. She is known for helping people reinvent themselves, discover possibilities and make transformative change.

“Insanity is doing the same thing over and over again and expecting different results.” ~ Einstein

Start doing things differently...Get the results that you want!

Call for a free session with Dr. Jones today!

805-448-7681

Dr. Lynn K. Jones presents Transformation MOJO to the Santa Barbara Experience Unlimited group sponsored by California EDD

Download the Transformation MOJO slides at www.lynnkjones.com

What’s Your Positivity??

“80% of Americans fall short of the ideal 3-to-1 positivity ratio,” says Barbara L. Frederickson, PhD, and author of the new book *Positivity*.

And if you have extraordinary stressors in your life, such as having lost a job, you probably are not anywhere near the tipping point for positivity that you need to thrive.

Are you curious about how you can increase the positivity in your life?

Join a **Teleclass** with Dr. Lynn K. Jones (one hour on the phone) where you can learn how!!

- ✓ Learn the strategies found *through research* that will increase your positivity.
- ✓ Develop a plan where you can immediately increase the positivity in your life.
- ✓ Commit to an action that will get you on the upward spiral of positivity *right away!!*

When: Monday, **April 4th**, 2011 | Noon-1 pm PST

Cost: \$25

Email Lynn@LynnKJones.com for registration information.

