

# Transformation MOJO

Dr. Lynn K. Jones, Certified Personal and Executive Coach

Jon Lieber credits being coached as the key to landing his dream job, giving him tools for his jobsearch tool kit.

Want to discuss how you can begin a coaching program with Dr. Jones the way Jon Lieber did?

Sign up for a FREE complimentary coaching session at :  
[www.LynnKJones.com](http://www.LynnKJones.com)

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## Jon Lieber Appointed Vice President of Stifel Nicolaus

Getting Coached by Dr. Lynn K. Jones, "**might be the best tool you can acquire in your job-search toolkit,**" says Jon Lieber whose job was eliminated in mid-2008 by Countrywide. Initially, he was not overly concerned: "I had been through similar circumstances before, and I expected to find a new job before too long."

But, when his unemployment had extended well over a year, the stress and boredom began to take a heavy toll. "**I had become angry, depressed, and incredibly pessimistic – about everything.**"



Jon Lieber lands his dream job

After hearing Dr. Lynn K. Jones speak at a job support group, Jon decided to be coached by Lynn.

"Dr. Jones' coaching is based in science, not new-ageism or mysticism. It's

practical, easy to do, and frankly, it's fun. **It also works.** I credit Lynn's insight and guidance with helping me get back on the right path and allowing me to be my best self through the job search process. **I have no doubt her coaching greatly contributed to my ultimately landing a wonderful job and feeling like myself again.**

"For those of you who are in need of a restoration of your spirit – 'recovering your mojo,' as Lynn might say – **I cannot recommend Dr. Jones' coaching strongly enough.**

## Transformation MOJO is Based on the New Science of Positivity

New research on the role that positivity plays in creating transformational change is at the heart of the process that Dr. Lynn K. Jones calls "Transformation MOJO!" A Certified Personal and Executive Coach, Dr. Jones says that because of groundbreaking new research, we now know that people who flourish have

positivity in their life at a ratio of 3:1. "What that means is that we need three positives for every negative in our life. **The really good news is that there are specific techniques that can purposefully counteract the negativity in one's life and increase positivity.**" Dr. Jones employs these

techniques in her Transformation MOJO coaching program. So why is positivity so important? "Because, it turns out that when we have positivity, we can get our life on an upward spiral where we see new opportunities and can build on them in creative new ways."